

COOKING UP LANGUAGE **with signs**



FROZEN



FRUIT

(should also be fingerspelled)



POPSICLES



FROZEN FRUIT POPSICLES

by Signing Savvy



INGREDIENTS

fruit (your choice)
coconut water

DIRECTIONS

1. **Choose** any type of **fruit** you like and prepare it by washing, peeling, or cutting it into bitable chunks, as needed.
2. Add the prepared **fruit** of your choice to a **bowl**.
3. Add the **coconut water**.
4. Using a **ladle**, scoop out some **fruit** and **coconut water** from the **bowl** and place in popsicle trays. **Freeze** overnight for best results.

TOOLS

knife
cutting board
bowl
ladle
popsicle tray

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